

Beginner Music Lessons And Classes for All Ages & Abilities

AR Music Therapy believes in meeting every student where they are in the learning process, and together with the student, creating and reaching personalized goals. Lessons may include traditional and/or modified playing techniques such as:

- Use of task analysis to break down instruction into smaller steps
- Experiencing rhythm patterns through movement, singing, drumming or percussion playing
- Use of color-coded or adapted notation
- Use of open tunings
- Emphasis on aural learning and improvisation
- Music games and activities to reinforce music skills
- Focus on preferred songs and types of music

We also create individualized music classes based on your desires and needs such as music appreciation, history, improvisation, composing, recording/mixing or any areas of musical interest.



All instructors are qualified music teachers and/or music therapists.

Lessons and classes are provided in your home.

Instruction is offered on piano/keyboard, guitar, voice and percussion instruments.

Arrangements for instruction on other instruments can be accommodated upon request.

All at-home lessons and classes are subject to availability of an instructor in your location and virtual lessons and classes are now available.

Lessons and classes can be scheduled for 30 minutes (\$50), 45 minutes (\$75) or 60 minutes (\$100).



For more information contact:

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